

## A Report on Awareness Programme

on

## Diabetes and Hormones

by

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on

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When people have Diabetes lots of things may happen i.e. eating too much, missing a Snack to plan old stress can effect Blood Sugar. Diabetis is a chronic condition that affects the way the body processes that sugar. It develops gradually without any symptom it is treatable and resolves within months otherwise Diabetes may cause many disorders in the body.

Department of Microbiology felt that it is the need of the hour to create awareness to the teaching faculty about Diabetes and its affect on Hormones.

Dr.K.Manju Bhargavi said that there is lot going on in our body as per the age. Lack of exercise and the extra fat increases Blood sugar levels too high. She opined that insulin should not be used at the younger age and Hormonal imbalances will effect the individual.

